# FYR

# SPARKLING SUNDAY LUNCH

# £29.95 TWO COURSES £35 THREE COURSES

## **STARTERS**

**Soup of the day** 560kcal average with crusty roll, Winter Tarn salted butter

**New Forest mushrooms** 610kcal artichoke, black truffle, chargrilled ciabatta

Salt and pepper calamari 195kcal harissa sauce

**FYR cured hanger steak** 356kcal Isle of Wight tomato salad, chimichurri dressing

#### Chef's starter

### MAINS

**Wood smoked topside of English beef** *582kcal* Yorkshire pudding, horseradish sauce, red wine gravy

**Roasted pork loin** 798kcal crackling, Yorkshire pudding, caramelised apple sauce, red wine gravy

Mushroom, cranberry and brie wellington 809kcal Yorkshire pudding, vegan gravy

All served with garlic and rosemary roasted potatoes, root vegetables, braised red cabbage and a side of seasonal greens 569kcal FYR Chalcroft farm short rib burger 1199kcal sourdough bun, crisp lettuce, beef tomato, Applewood smoked cheddar, tomato relish, skin on fries

Moving Mountains vegan burger 906kcal sourdough bun, gem lettuce, beef tomato, Applewood smoked cheddar, tomato relish, sea salted fries

**Thwaites beer battered haddock fillet** *1274kcal* triple cooked chips, minted peas, tartar sauce

Seasonal vegetarian risotto 560kcal chef's garnish

# DESSERTS

**Seasonal fruit crumble** 540kcal average biscuit crumb, Jude's vanilla ice cream

**Summer fruit Eton mess** 357kcal Chantilly cream, crushed meringue

#### Chef's dessert of the day

**Bakewell tart** 583kcal whipped clotted cream, fruit coulis

#### Locally sourced cheeses

served with pear chutney, grapes, toasted fruit loaf and artisan crackers 342kcal

**Please choose one of the following cheeses** Isle of Wight Blue 286kcal Tunworth 157kcal Barber's farmhouse vintage cheese 305kcal

£5 supplement per additional cheese

Allergen Information – we really want you to enjoy your meal with us – if you'd like information about ingredients in any dish, please ask and we'll happily provide it. Prices include VAT. Calorie information: Adults need around 2000kcal per day. A discretionary 10% service charge is added to all bills. 100% of the service charge is shared amongst all of our team throughout the hotel.