

# F Y R

## BREAKFAST & BRUNCH

Served till 11.30am

**Freshly baked croissants** 593kcal **£4.95**

Tiptree jam preserves

**Greek yoghurt** 219kcal **£4.75**

mango and pineapple fruit compote, oven baked granola

**Breakfast bap** 717kcal **£9.95**

with sausage, bacon and fried egg

**Eggs Benedict** 600kcal **£10.95**

poached eggs, ham and fresh hollandaise

**Eggs Florentine** 458kcal **£9.95**

poached eggs, spinach and fresh hollandaise

**Eggs Royale** 532kcal **£11.95**

poached eggs, smoked salmon and fresh hollandaise

**Smashed avocado on toast** 410kcal **£9.95**

with poached eggs

## SANDWICHES

Served from 11.30am. All served with your choice of bread - thick cut white or granary with mixed leaf salad and Kettle crisps

**Honey roast gammon** 596kcal **£10.25**

piccalilli, Hampshire watercress

**New York deli** 512kcal **£10.95**

beef pastrami, pickle, Emmental cheese, horseradish mayonnaise

**Coronation chicken salad** 674kcal **£10.25**

**Barber's farmhouse vintage cheddar** 774kcal **£10.95**

real ale chutney

**Classic egg mayonnaise** 525kcal **£9.95**

wholegrain mustard, Hampshire watercress

Upgrade your crisps to skinny fries for £3.95 +274kcal

## LIGHT BITES & STARTERS

Served from 11.30am

**Garlic stuffed olives** 106kcal **£5.95**

with lemon and parsley

**Salt and pepper calamari** 195kcal **£5.95**

harrisa sauce

**Tempura king prawns** 342kcal **£11.25**

sweet chilli dip, grilled lime

**FYR ChalkStream trout pâté** 393kcal **£6.50**

lumpfish roe caviar, lemon and rosemary crackers

**Homemade soup** 530kcal average **£7.95**

warm crusty roll, Winter Tarn salted butter

**FYR hay smoked burrata** 416kcal **£10.95**

grilled watermelon, pomegranate

Allergen Information - we really want you to enjoy your meal with us - if you'd like information about ingredients in any dish, please ask. A discretionary 10% service charge is added to all bills. 100% of the service charge is shared amongst all of our team throughout the hotel. Ingredients are subject to availability. Calorie information: adults need around 2000kcal per day.

## MAIN COURSE

Served from 11.30am – 6pm

### FYR Caesar salad

**chicken 608kcal or salmon 496kcal £21**  
pancetta, croutons, anchovies, gem lettuce

### FYR club sandwich 668kcal £18.95

grilled chicken breast, avocado mayonnaise, bacon, lettuce, beef tomato, sea salted fries  
choice of white or granary loaf

### Thwaites beer battered haddock fillet 1274kcal £19.95

triple cooked chips, minted peas, tartar sauce

### FYR Chalcroft farm short rib burger 1199kcal £19.95

served with sourdough bun, gem lettuce, beef tomato,  
Applewood smoked cheddar served with tomato relish, skin on fries  
with streaky bacon 1439kcal **£20.75**

### Moving Mountains vegan burger 906kcal £18.50

sourdough bun, gem lettuce, beef tomato, Applewood smoked cheddar  
served with tomato relish, skin on fries

### Seasonal vegetarian risotto 630kcal average £18.50

## DESSERTS

### Selection of three petit fours 424kcal average £6

### Bakewell tart 583kcal £9.50

whipped clotted cream, fruit coulis

### Sticky date and Guinness pudding 806kcal £9.50

butterscotch sauce, Jude's vanilla ice cream

### Dark chocolate pavé 688kcal £9.50

Dulce de leche, aerated chocolate

### Cheeseboard from our selection of locally sourced cheeses

per cheese £6 3 cheeses £15

served with ale chutney, grapes, toasted fruit loaf and artisan crackers 342kcal  
Tunworth 157kcal, Isle of Wight blue 286kcal, Barber's farmhouse vintage cheddar 305kcal

### Jude's ice creams and sorbets 274kcal average scoop

per scoop £3.25 3 scoops £8.75

please ask for our flavours

## AFTERNOON TEA

Served from 2pm – 5pm

### Homemade scones 755kcal £9.50

with jam and clotted cream

### Cream tea £13.95

homemade scones, jam and clotted cream and your choice of tea and coffee

### Full afternoon tea 1379kcal per person £30.95 per person

a selection of homemade scones with jam and clotted cream,  
cakes, fancies and artisan sandwiches