

£12.95 per adult £7.95 per child

AVAILABLE FROM THE BUFFET

Juices

Orange 124kcal, Apple 138kcal, Cranberry 69kcal or Pineapple 150kcal

Iced Water

Fruit 159kcal (average) and Natural Yogurts 62kcal

A Selection of Fruit Banana 132kcal, Apple 54kcal

and Orange 31kcal



Corn Flakes 91kcal

Frosties 131kcal

Coco Pops 134kcal

Rice Krispies 118kcal

Individual Weetabix 68kcal

Individual Alpen 170kcal

Semi Skimmed Milk 46kcal per 100ml

Speciality milk is available on request





AVAILABLE TO ORDER AT YOUR TABLE

White Toast 157kcal

Gluten Free Toast 10kcal

Granary Toast 159kcal Flora 62kcal, Butter 45kcal, Marmite 21kcal, Nutella 40kcal, Marmalade 70kcal or Strawberry Jam 70kcal

Freshly Baked Croissant 261kcal

Freshly Baked Pain au Chocolate 251kcal

Mixed Fruit Salad Pineapple, Watermelon, Honeydew Melon, Grapes and Orange 113kcal (average)

Hot Drinks

Espresso 2kcal, Americano 49kcal, Cappuccino 214kcal, Flat White 114kcal, Hot Chocolate 278kcal, Latte 97kcal or Breakfast Tea 48kcal

PLEASE CHOOSE ONE OF THE OPTIONS BELOW

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Breakfast Bap (Max 3 items + sauce) Bacon 117kcal, sausage 302kcal, fried egg 72kcal, hash brown 169kcal, vegetarian sausage 218kcal

All hot and cold drinks are available to takeaway

Allergen Information - we really want you to enjoy your meal with us - if you'd like information about ingredients in any dish, please ask. Prices include VAT, service is at your discretion. Calorie information: adults need around 2000kcal per day.