



LUNCH MENU

Served from 12pm – 4pm

NIBBLES

Dough Sticks 153kcal **£4.95**
with garlic butter

Parsons Chicken Wings 6 at 740kcal **£7.25**
Tossed in hot sauce 31kcal or 12 at 1480kcal **£12.25**
BBQ sauce 41kcal or plain

Marinated Olives 159kcal **£2.75**

King Prawn Skewers 280kcal **£8.95**
with chilli and lime

Tear and Share Pizza Bread **£6.50**
Cheesy garlic butter 752kcal or tomato and mozzarella 393kcal

Halloumi Fries 477kcal **£6.95**
Sweet chilli dip

House Nachos Small at 872kcal **£7.95** Large at 1860kcal **£12.95**
Add smoked pulled pork 295kcal or beef chilli 270kcal **£3**

SANDWICHES

Cheddar Cheese and Tomato 471kcal **£8**

Hand Carved Ham and Whole Grain Mustard 461kcal **£8.50**

Prawn and Marie Rose 488kcal **£8.95**

All served on thick cut white/granary bloomer with slaw and crisps

HOT SANDWICHES

Fish Finger Sandwich 1160kcal **£9.95**
Crispy fish goujons, gem lettuce, tartar sauce in sour dough bun

Goats' Cheese 992kcal **£8.95**
Red onion marmalade and rocket toasty, white or brown bloomer

Pulled Pork and Apple 1085kcal **£10.50**
Sour dough bap

Croque Monsieur 941kcal **£10.50**
Grilled ham and cheese toastie on white or brown bloomer

All served with coleslaw and fries

PIZZA

Classic Margarita 602kcal **£8.95**

Hot and Spicy 634kcal **£9.95**
Pepperoni and jalapeños

Ham and Pineapple 596kcal **£9.95**

Tuna Melt 445kcal **£9.95**
Tuna, capers and red onion

Vegetarian Pizza (v) 628kcal **£9.95**
Peppers, red onion, mushrooms and olives

SALADS

Ploughman's Platter 1141kcal **£14.95**
Ham, Cheddar, blue cheese, pork pie with rustic bread pickles and chutney

Grilled Chicken and Bacon Salad 596kcal **£10.95**
with honey mustard dressing

Atlantic Prawn Salad 532kcal **£11.95**
Marie rose dressing

PARSON'S CLASSICS

Grilled Chicken or Beef Burger 935kcal / 1325kcal **£12.95**
Homemade tomato relish, gem tomato gherkin, coleslaw and fries
Add bacon 180kcal **£2**
Add cheese 165kcal **£1.50**
Add smoked pulled pork 295kcal **£3**

Halloumi Burger 1189kcal **£10.95**
with butternut squash and sweet chilli sauce on a sourdough bap

10oz Rump Steak 869kcal **£19.95**
Served with grilled tomato, onion rings, chips, peas

Fish and Chips 966kcal **£13.95**
Mushy peas, tartar sauce

SIDES

Coleslaw 282kcal **£2.50**
Chips 335kcal **£2.95**
Fries 433kcal **£2.95**
Sweet Potato Fries 286kcal **£3.50**
Onion Rings 459kcal **£3.50**
Cheesy Chips 710kcal **£4.50**